

**SUBJECT : General Medicine**  
**YEAR OF EDUCATION: II.**  
**TERM: Winter**  
**STUDY BRANCH: physiology**  
**LECTURES**  
**NUMBER OF TEACHING HOURS PER WEEK: 3**

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**1<sup>st</sup> teaching week:**

- Introduction to physiology, meaning of physiology
- homeostasis, the body fluids

**2<sup>nd</sup> teaching week:**

- Blood: functions, properties, composition
- Blood groups, blood clotting

**3<sup>rd</sup> teaching week:**

- The respiratory system and its functions
- Mechanics of the breathing

**4<sup>th</sup> teaching week:**

- Ventilation, diffusion, perfusion, exchange of the respiratory gases
- Hypoxia, control of the breathing

**5<sup>th</sup> teaching week:**

- Cardiovascular system, myocardial properties
- Electrophysiology of the heart

**6<sup>th</sup> teaching week:**

- The heart cycle
- Manifestations of the heart activity

**7<sup>th</sup> teaching week:**

- Heart work, metabolism, source of energy
- Control of the heart activity

**8<sup>th</sup> teaching week:**

- Biophysical considerations of circulation
- Hemodynamics in the high-pressure vessel system

**9<sup>th</sup> teaching week:**

- Haemodynamics in the low-pressure vessel system
- Peculiarities of the haemodynamics in some organs

**10<sup>th</sup> teaching week:**

- Control of the blood volume
- Control of the blood pressure

**11<sup>th</sup> teaching week:**

- physiology of the kidneys, morphology, innervation
- Renal processes, functional tests

**12<sup>th</sup> teaching week:**

- Gastrointestinal functions, digestion
- Absorption in GIT

**13<sup>th</sup> teaching week:**

- Regulation of gastrointestinal functions
- Thermoregulation

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**EXERCISE**

**NUMBER OF TEACHING HOURS PER WEEK: 5**

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**1<sup>st</sup> teaching week:**

- Subject matter of physiology
- System of teaching of physiology, criteria for credit and exams
- Safety in the laboratory - safety instructions for students
- Instructions to the practical lessons
- Principles of the experimental work – methods, observation
- Fundamentals of statistics in physiology, utility of computers in physiology

**2<sup>nd</sup> teaching week:**

- Physiological principles
- Cell membranes, membrane receptors
- Body fluids - compartments, measurement
- Exchange of substances between cell and external environment
- Homeostasis
- Manners of blood samples taking
- Proof of the blood
- Determination of hematocrit value
- Erythrocyte sedimentation rate and factors of the sedimentation
- Determination of haemoglobin content, derivatives of haemoglobin

**3<sup>rd</sup> teaching week:**

- Blood
- Osmotic fragility of red blood cells
- Determination of the red blood cell count
- Determination of the white blood cell count
- Red blood cell values

**4<sup>th</sup> teaching week:**

- The respiratory system and its functions
- Non-respiratory functions of the respiratory system
- Mechanics of breathing
- Blood smear, differential leucocyte count, Hink nuclear number
- Blood groups determination
- Determination of the Rh-factor

**5<sup>th</sup> teaching week:**

- The exchange of the respiratory gases
- Gases properties, place and mechanisms of the gases transport

- Exchange of gases, transport of the respiratory gases between lungs and tissue
- Exchange of gases in the tissue
- Determination of the platelets count
- Blood clotting time
- Bleeding time
- Quick test
- Examination of the activated partial thromboplastin time (APTT)

### **6<sup>th</sup> teaching week:**

- Regulation of the respiratory activity (nervous, chemical, reflex and suprapontine mechanisms)
- Adaptation of respiration on the changed conditions (hypoxia, hyperoxia, hyperbaria)
- Model of breathing- modelling of the inspiration and expiration
  - Muller manoeuvre
  - Valsalva manoeuvre
- Spirography – testing by VOLUTEST
- The O<sub>2</sub> and CO<sub>2</sub> influences on the breathing
- Voluntary apnoea

### **7<sup>th</sup> teaching week:**

- The basic properties of the myocardium
- Excitation and conduction of the heart impulse
- The heart contraction and its energetics
- Percussion and auscultation of the lungs
- EUTEST
- Peak Flow Meter
- Computer spirometry

### **8<sup>th</sup> teaching week:**

- Heart cycle
- Mechanical events of the heart activity
- Electrophysiology of the heart
- Evaluation of ECG

### **9<sup>th</sup> teaching week:**

- Control of the heart activity
- Intracardial mechanisms
- Extracardial mechanisms
- Percussion and auscultation of the heart
- Phonocardiography
- Examination of arterial pulse
- Systolic time intervals

**10<sup>th</sup> teaching week:**

- Blood circulation – physical considerations
- Haemodynamics in the high-pressure system
- Haemodynamics in venous and capillary network
- Autonomous reflexes acting on the heart

**11<sup>th</sup> teaching week:**

- Organ haemodynamics
- Control of the blood volume and blood pressure
- Measurements of the blood pressure
- Computer model of the blood pressure
- Electronic model of the blood pressure
- Model of the blood vessel elasticity
- Resistance of blood capillaries

**12<sup>th</sup> teaching week:**

- Renal physiology
- Urine examination - density, pH, proteins, glucose
- Urine examination: ketone bodies, bile stains, blood, pus
- Quantitative examination of the native sediment
- Qualitative examination of the stained sediment
- The renal functional tests

**13<sup>th</sup> teaching week:**

- Digestive system
- Evaluation of the practical lessons
- Credits